**Several Methods of Cancer Treatment at Hospitals**

Ninh Thi Nhung¹, Nguyen Trong Hung², Dinh Tran Ngoc Huy³, Tran Thi Tra Phuong⁴

¹Thai Binh University of Medical and Pharmacy, Thaibinh, Vietnam.
²National Institute of Nutrition, Hanoi, Vietnam. E-mail: nguyentronghung9602@yahoo.com
³MBA, Bankign University HCMC Ho Chi Minh City Vietnam – International University of Japan, Japan. E-mail: dtnhuy2010@gmail.com

**Abstract**

There are different treatments for cancer depending on the type of cancer and the stage at which it was found. Therefore, patients should learn as much as possible to understand and know their specific condition. Our study findings show that there are many different cancer treatment methods, but no matter which method is applied, to achieve the most effective treatment, the core still lies in the need to detect cancer as early as possible. Therefore, regular health check-ups and cancer screenings play an extremely important role, not only helping to detect cancer early, but also helping to classify high-risk groups of patients, need a plan. And Cancer treatment should be done as soon as possible, without delay.

**Keywords:** Methods, Cancer Treatment, Vietnam Hospitals.

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**INTRODUCTION**

First, Bai Chay Hospital is also the first unit to implement minimally invasive methods of intervention with the goal of avoiding a major surgery with many serious complications such as bleeding, wound infection, safety, accuracy, efficiency, high aesthetics for the body. At the same time, shortening the time and cost of treatment, improving the quality of life for patients.

Second, Other hospitals such as FV Hospital, Tam Anh Hospital and Vinmec Intl Hospital also implemented cancer treatment model with international standards to serve cancer patients better.

Therefore, it is important to conduct this study “SEVERAL METHODS OF CANCER TREATMENT AT HOSPITALS”.

Next we summarize relevant studies in below table:

<table>
<thead>
<tr>
<th>Authors</th>
<th>Year</th>
<th>Content, results</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dagogo &amp; Shaw</td>
<td>2018</td>
<td>Becoming heterogenous (highly) and cell mixed population by features of molecular which is different: shown in cancer progression.</td>
</tr>
<tr>
<td>Roy</td>
<td>2016</td>
<td>Methods for cancer treatment uncluding surgery, chemotheraoy and radiation therapy</td>
</tr>
<tr>
<td>El-readi &amp; Althubity</td>
<td>2019</td>
<td>There are cancer obstacles such as resistance (drug). Turmopathology is reason for reduction in conventional cancer efficiency</td>
</tr>
<tr>
<td>Carlotta et al</td>
<td>2019</td>
<td>Millions of death year by year caused by cancer, and many new therapies to alleviate side effects of treatment (conventional). Diagnostic/Therapeutic is helped by nanomedicine.</td>
</tr>
<tr>
<td>Debela et al</td>
<td>2021</td>
<td>There are advances in cancer treatment such as targeted therapy, stem cell therapy, and ablation therapy.</td>
</tr>
</tbody>
</table>

(Source: author synthesis)

Nevertheless, According to data given at the International Scientific Conference on Cancer Prevention held recently in Hanoi, the cancer incidence rate in Vietnam is the second highest in the world. Each year, Vietnam records more than...
200,000 new cases, the number of deaths is up to 82,000 cases. Cancer death rate in Vietnam is 73.5%, while this rate in the world is 59.7%, in developed countries it is 49.4%, in developing countries it is only 67.9%. These figures show that the death rate from cancer in Vietnam is very high. They also reflect that the majority of cancer patients in Vietnam are diagnosed late, and treatment methods do not bring high results.

The reason why the rate of cancer in Vietnam has increased rapidly. There are 3 main groups of reasons as follows:

Group 1: Due to high labor intensity.

The most recent survey on working hours of employees shows that up to 95% of employees in non-resident businesses and FDI enterprises have to work regular overtime and night shifts. Health checks for this group of workers show that they have a decline in health.

Group 2: Environmental pollution

The level of air pollution in Vietnam is extremely serious. Especially in big cities like Hanoi and Ho Chi Minh City, many days the level of air pollution is at purple levels – extremely dangerous levels. Air pollution, smog, cigarette smoke, pesticides, artificial odors, poor quality perfumes,... cause the incidence of cancer to increase, especially lung cancer and nasopharyngeal cancer, throat. Low quality of food hygiene and safety, soil pollution, food with residues of many toxic chemicals,... are the leading causes of stomach, colon and esophageal cancers.

(Source: unghutuyengiap.org).

METHOD

Authors have observed practical access and implementation of provisions of the Land Law in Vietnam to learn experiences and lessons.

In this paper, various research methods such as synthetical method, statistical method, legal analysis method, case study, comparative method, etc., are used to clarify issues relating to lan use policies.

SEVERAL METHODS OF CANCER TREATMENT

At Bai Chay Hospital Quang Ninh:

With the investment in modern accelerated radiation therapy machine, the doctors of the Oncology Center have quickly applied the dose-modulated radiation therapy (IMRT) technique in cancer treatment. The outstanding advantage of IMRT is that it can increase the dose at the tumor, so the ability to kill the tumor faster, limiting the side effects of radiation therapy.

Along with that, scintigraphy is also effectively deployed by doctors and nurses with 3 high-tech techniques including bone scan, kidney scan, and upper thyroid scan on the SPECT machine system. This is one of the modern imaging equipment and the world's leading nuclear medicine technique for early detection of tumors, cancer, monitoring cancer recurrence, cancer metastasis.

(Source: baoquangninh.com)

At Tam Anh Hospital

In order to detect diseases early and provide appropriate treatment regimens, Tam Anh General Hospital is equipped with the world's leading modern machinery system for screening and diagnosis such as: CT scanner 768 slices Somatom Drive, the latest generation Magnetom Amira BioMatrix MRI scanner, Acuson Sequoia high-end general ultrasound machine, Mammomat Inspiration digital mammography, Fuji 7000 endoscope, the first Cobas Pro testing system in Southeast Asia... In addition, Tam Anh General Hospital also deploys screening packages, screening for early cancer detection, helping to achieve the most effective treatment, while saving costs and reducing the economic burden for patients.

With a spacious infrastructure system, possessing the most modern machinery system in the world, the Oncology Department, Tam Anh General Hospital is oriented to become a center for cancer consultation and treatment combined with comprehensive care. Represent patients according to the following outstanding criteria and characteristics:

Multimodal treatment by combining many methods such as surgery, chemotherapy, endocrine therapy, targeted and immunotherapy, stem cell transplantation into bone marrow...

Individualized treatment: Depending on the patient's condition, psychosocial needs and ability to pursue treatment, to provide an appropriate and effective treatment regimen.

Cooperation and connection with leading oncologists in Singapore: Online consultation helps patients feel completely secure with their treatment plan in Vietnam.

Coordinate with Clinical Psychology and Nutrition specialists to provide psychological counseling and nutritional care for patients before, during and after treatment.

Negative pressure chemical dispensing room with dedicated aseptic dispensing machine according to international standards (ULPA filter with 99.999% filtration efficiency creates a working area that meets ISO Class 3 clean air standards, in line with standards US Pharmacopoeia USP 797) optimally protects the clinical pharmacist's safety when dispensing drugs, minimizing the risk of drug contamination, combined with standard preparation procedures will help provide accurate drug doses. High precision, quality assurance and treatment efficiency.

(Source: tamanhhospital.vn)

At Vinmec Times City International Hospital

In the world, thermotherapy has been applied by many cancer centers in the US, Japan and Germany in the treatment of...
recurrent breast cancer, cervical cancer, head and neck cancer, bone and soft tissue cancer. The results showed that when adding heat therapy with radiation or chemotherapy, the overall response rate increased by an average of 50-67% (compared to 40% without the combination).

In Vietnam, the Center for Oncology - Radiation Therapy, Vinmec Times City International Hospital for the first time applied thermotherapy since October 2018. The therapy is combined with radiation therapy, chemotherapy and autologous immune-boosting therapy with many positive results, especially no side effects are noted.

RECOMMENDATIONS
Based on analysis of cancer treatment situation, we would like to propose recommendations on improvement of legislation as follows:
Firstly, hospitals will offer treatment solutions both at home and at hospitals for patients
Secondly, Support services help reduce side effects of treatment, maximize treatment effectiveness, and help patients recover more easily.
Thirdly, Cancer treatment should be done as soon as possible, without delay.

CONCLUSION
Currently, there are many different cancer treatment methods, but no matter which method is applied, to achieve the most effective treatment, the core still lies in the need to detect cancer as early as possible. Therefore, regular health check-ups and cancer screenings play an extremely important role, not only helping to detect cancer early, but also helping to classify high-risk groups of patients, need a plan. Careful monitoring and periodic inspection. This analysis has meanings for better governance (Dat, PM et al, 2020; Huy, D.T.N., & Hien, D.T.N, 2010; Hu, D.T.N., 2015), also with more FDI investment and loans from banks (HOANG, N.T. et al, 2021; TTB Hang et al, 2020; NN Thach, HT Hanh, DTN Huy, QN Vu, 2021, NTT Phuong et al, 2020; NN Thach et al, 2020).

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